

Darrin Permenter

Director of Human Performance

An open letter about "The ANTI-Diet",

As the Director of Human Performance at Coyotes Athletic Centers I am always looking for information that will help our clients achieve the results they want and need quickly. That is why I am so excited to recommend "The ANTI-Diet".

This kind of cutting edge information makes so much sense and produces such fantastic results we can hardly wait to share it with our members. The members that have gotten the book or seen Phil's dynamic seminar are very excited.

Our personal training staff is likewise jazzed. The opportunity to help their clients achieve tremendous results more efficiently than ever, by eliminating cravings and deprivation, while jump starting metabolic fat burning. The science that this program brings to our clients is tremendous and will allow our trainers to achieve new heights.

I strongly encourage you to get "The ANTI-Diet" and see the results for yourself!

Yours in fitness,

Darrin Permenter

Director of Human Performance